



**Cascade Chapter**



# Avalanche

The official newsletter of the  
*Cascade Chapter of the Health Physics Society*

**Winter 2009 Issue**

## President's Corner

Hello fellow CCHPS members. Happy 2009! I hope you all are thawed out and dried out after the Christmastime stretch of winter weather here in the Pacific Northwest.

Our next meeting is scheduled for Thursday, February 12<sup>th</sup> 2009 in Vancouver, Washington. This will be a different venue then in the recent past and we anticipate this meeting will be convenient for both our Northern and Southern members. So, please join us for the day.

Speakers for the winter meeting so far consist of Mike Zittle on management of radioactive waste and myself speaking on current status of radiation dose in medicine. With these presentations we would like to propose the following: We will be seeking endorsement from the membership to put these talks onto the CCHPS website for use or download by interested parties. In this way the Chapter disseminates information to other radiation safety professionals and to the public. I also encourage any member of CCHPS that has a prepared presentation or other information to share to use this forum. Of course, for any proposed information going to the public domain we will seek recommendations and approval from the Chapter first.

## 2009 Elections

The CCHPS offices up for election are Treasurer, President-Elect, and Member at Large. These terms will run from May 2009 to May 2011. The President-Elect becomes President during the second year.

Serving as a CCHPS officer is a great opportunity to support the chapter and get to know chapter members. If you are interested in running for one of these offices, please contact the Chair of the Nominating Committee, John Gough at [John.Gough@swedish.org](mailto:John.Gough@swedish.org).

## Training Opportunities

*Ludlum Measurements, Inc.* will be holding its first ever User Group Meeting on June 22 – 23, 2009 in San Antonio, TX. The registration fee is only \$75. More information can be found at <http://www.ludlums.com/LMI-Usr-Grp.pdf>.

The *2009 HPS Professional Development School (PDS)* will be held on July 16-18 at the University of Minnesota Law School in Minneapolis, Minnesota. The topic is NORM and TENORM. More information can be found at <http://www.hps1.org/chapters/ncc/2009AM/PDS.htm>.

The *2009 HPS Annual Meeting* will be held on July 12-16 in Minneapolis, Minnesota. More information can be found at <http://www.hps1.org/chapters/ncc/2009AM/index.htm>.

## Future Meetings

We try to hold 3 meetings a year. Due to the large geographic area our chapter covers we hold the meetings in different areas so that each member has an opportunity to attend at least one of them. Normally, our fall meeting is in the north in the Olympia area. Our winter meeting is usually in the middle somewhere between Kelso, WA and Portland, OR. And our spring meeting is in the south, usually at Oregon State University. This allows us to hear from OSU students and gives them an opportunity to attend our annual meeting.

The 2009 annual Date E Trout meeting will again be held at Oregon State University on May 8<sup>th</sup>, 2009. The featured speaker will be HPS President-Elect Howard Dickson.

We are always looking for interesting topics for our meetings. If you have something you would like to present or if you have an idea for a topic or speaker, please contact the Secretary.

## 2009 Dues

It is a new year, which means that it is time to renew your dues. Dues are once again \$15.00. If you have not paid your 2009 CCHPS dues you can either pay them at the meeting, or send them to the Secretary.

## 2009 Winter CCHPS Meeting

The 2009 Winter Meeting will be held **Thursday, February 12th, 2009** at The Quality Inn & Suites in Vancouver, WA.

More information about the meeting can be found on the Meetings page of the CCHPS website.

### Agenda

- 9:15 Executive Committee meeting
- 9:45 Registration
- 10:00 Chapter Business Meeting
- 11:00 Presentation – Marjorie Slauson (Salem Hospital) –  
“*Update on Radiation Dose in Medicine: Overview of the 43rd annual meeting of the NCRP.*”
- 12:00 Lunch
- 1:00 Presentation – Mike Zittle (Oregon State University) –  
“*Low-Level Radioactive Waste Minimization at an Academic Institution*”
- 2:00 Presentation – TBD

### Food

Breakfast goodies provided by Mirion Technologies, Inc. will be available in the morning during the registration period. Come early and enjoy coffee, juice and pastries.

Lunch will be provided by Ingallina’s. Their box lunches include Tim’s Chips, fresh cut fruit, a delicious cookie, and bottled water. A selection of sodas will also be provided as well. Below is a sample of what they offer; however, there are many more options listed on their website (<https://or.ingallina.com/ordermenu.php?grp=boxlunch>). The lunch order will be placed on February 11<sup>th</sup>, so if you would like lunch, please register for the meeting by the due date, February 10<sup>th</sup>.

Please indicate which lunch you would like on your registration form. Use the *Other* selection to order a box lunch listed on the website. If you do not want to order lunch please indicate that on your registration form.

#### **Smoked Turkey & Havarti**

Smoked turkey on freshly baked ciabatta with creamy havarti cheese, pesto mayonnaise, mixed greens, tomato and a drizzle of balsamic vinaigrette dressing.

#### **Italian Submarine**

A fresh baguette loaded with Italian Salami, mortadella, pepper jack cheese, cheddar cheese, sliced kalamata olives, sliced pepperoncini peppers, leaf lettuce and tomato.

#### **Chicken Club**

Oven roasted chicken breast served on our ciabatta with avocado, cheddar cheese, crisp bacon, lettuce and tomato.

#### **Roasted Vegetable on Focaccia**

Roasted zucchini, portabello mushrooms and red & yellow bell peppers on fresh cheese focaccia bread with mozzarella cheese and pesto mayonnaise.

#### **Oriental Chicken Salad**

Marinated chicken breast tossed with red and green cabbage, carrot, green onion, ramen noodle, sesame seeds, toasted almonds, and mandarin oranges. Served with our sweet and zingy Oriental dressing.

### Registration

The registration form is attached. Please send it to the chapter secretary by February 10<sup>th</sup>.

### Cost

Prices for the meeting are:

	<u>Meeting Only</u>	<u>Lunch &amp; Meeting</u>
Member	\$18	\$25
Non-member	\$22	\$30

### Directions to the meeting:

The physical address is: 7001 NE Hwy 99, Vancouver, WA 98665 ([Google](#))

### **From I-5:**

Northbound

- Exit 3 (Highway 99)
- North for 1 mile. Hotel on right.

Southbound

- Exit 4 to 78th Street.
- Turn left, go 1 block to first light.
- Turn right on Highway 99 South
- After first light, hotel on left behind Club 199.

### **Cascade Chapter Officers:**

President:	Marge Slauson
President-Elect:	Howard Wallace
Secretary:	Philip Campbell
Treasurer:	Mike Zittle
Member-at-Large:	William Tuttle

### **Secretary Contact Info:**

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